



In Maine, Anthem Blue Cross and Blue Shield is a trade name of Anthem Health Plans of Maine, Inc., an independent licensee of the Blue Cross and Blue Shield Association. ® Registered marks of the Blue Cross and Blue Shield Association.

## Benefit Comparison – Plans Effective July 1, 2018

	MEA CHOICE PLUS		MEA STANDARD PLAN		MEA STANDARD PLAN \$500 DEDUCTIBLE		MEA STANDARD PLAN \$1,000 DEDUCTIBLE	
SERVICE	Higher Benefit	Self-referred	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
	Level	Benefit Level						
Important Information	Coverage in this column	Coverage described in this	Coverage in this column	Coverage in this column	Coverage in this column	Coverage in this column	Coverage in this column	Coverage in this column
	applies to maximum allowances for covered	column applies to maximum allowances for self-referred,	applies to maximum allowances for covered	applies to maximum allowances for covered	applies to maximum allowances for covered	applies to maximum allowances for covered	applies to maximum allowances for covered	applies to maximum allowances for covered
	services provided or	covered services (those not	services when you receive	services when you receive	services when you receive	services when you receive	services when you receive	services when you receive
	authorized by your Primary	authorized or performed by	health care from providers	health care from providers	health care from providers	health care from providers	health care from providers	health care from providers
	Care Physician.	your Primary Care	or professionals in the Blue	or professionals who are	or professionals in the Blue	or professionals who are	or professionals in the Blue	or professionals who are
		Physician).	Choice network.	not in the Blue Choice	Choice network.	not in the Blue Choice	Choice network.	not in the Blue Choice
Primary Care Physician			N	network.	N	network.	N	network.
Required	YES		NO		NO		NO	
Physician Office Visits	100% after \$15 PCP copay		100% after \$15 PCP copay	80% after \$15 PCP copay	100% after \$20 PCP copay	80% after \$20 PCP copay	100% after \$20 PCP copay	80% after \$20 PCP copay
Sick Care	100% after \$25 Specialist	65% after deductible	100% after \$25 Specialists	80% after \$25 Specialist	100% after \$30 Specialist	80% after \$30 Specialist	100% after \$30 Specialist	80% after \$30 Specialist
	copay		copay	сорау	сорау	сорау	сорау	сорау
Preventive & Well Care	100%	Not Covered	100%	80% no deductible	100%	80% no deductible	100%	80% no deductible
Services	10070	(members can self-refer to	10070		10070		10070	
		a participating Ob/Gyn for						
		their annual Well Woman						
Calendar Year Deductible	\$200 per member	exam) \$250 per member	\$200 per member		\$500 per member		\$1,000 per member	
	\$400 per family	\$500 per family	\$200 per member \$400 per family		\$1,000 per family		\$2,000 per family	
	· · ·							
Coinsurance Limit	\$1,000 per member	\$2,250 per member	\$1,000 per member		\$2,000 per member		\$2,000 per member \$4.000 per family	
	\$2,000 per family	\$4,500 per family	\$2,000 p	\$2,000 per family \$4,000 per family		\$4,000 p	per family	
Calendar Year Copayment		er member	\$6,150 per member		\$4,850 per member		\$4,350 per member	
Maximum	\$12,300 per family		\$12,300 per family		\$9,700 per family		\$8,700 per family	
(office visit, emergency room, &								
pharmacy copays apply) Total Calendar Year Out-of-	\$7,350 per member	\$8,650 per member	\$7 350 pc	ar member	\$7,350 per member		\$7,350 per member	
Pocket	\$14,700 per family	\$17,300 per family	\$7,350 per member \$14,700 per family		\$14,700 per family		\$14,700 per family	
(Deductible + Coinsurance +					••••••••••••••••••••••••••••••••••••••			
Copayment Maximum)						and a second		and a second
Utilization Management	All inpatient admissions, except emergency and	All inpatient admissions, except emergency and	All inpatient admissions, except emergency and maternity admissions are subject to preadmission authorization.		All inpatient admissions, except emergency and maternity admissions, are subject to preadmission authorization.		All inpatient admissions, except emergency and maternity admissions are subject to preadmission authorization. You,	
	maternity admissions are	maternity admissions are	You, your physician or the				your physician or the provider must call Anthem Medical	
	subject to preadmission	subject to preadmission	Medical Management at 1-800-392-1016.		Medical Management at 1-800-392-1016.		Management at 1-800-392-1016.	
	authorization by your	authorization. You, your	, , , , , , , , , , , , , , , , , , ,					
	Primary Care Physician.	physician or the provider						
		must call Anthem Medical Management at 1-800-392-						
		1016.						
Hospital Services								
Inpatient	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Outpatient	85% after deductible 100% after \$200 copay	65% after deductible 100% after \$200 copay	85% after deductible 100% after \$200 copay	65% after deductible 100% after \$200 copay	80% after deductible 100% after \$200 copay	60% after deductible 100% after \$200 copay	80% after deductible 100% after \$200 copay	60% after deductible 100% after \$200 copay
	100% alter \$200 copay	100% alter \$200 copay	100% alter \$200 copay	100% alter \$200 copay	100% alter \$200 copay	100% alter \$200 copay	100% alter \$200 copay	100% aller \$200 copay





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	MEA CHOICE PLUS		MEA STANDARD PLAN		MEA STANDARD PLAN \$500 DEDUCTIBLE		MEA STANDARD PLAN \$1,000 DEDUCTIBLE	
SERVICE	Higher Benefit Level	Self-referred Benefit Level	In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
Emergency Care in ER (Copay is waived if you're admitted)								
Ambulance	85% after deductible	85% after deductible	85% after deductible	85% after deductible	80% after deductible	80% after deductible	80% after deductible	80% after deductible
Professional Services Inpatient Outpatient Diagnostic Tests Outpatient Surgery Maternity	85% after deductible 85% after deductible 85% after deductible 85% after deductible	65% after deductible 65% after deductible 65% after deductible 65% after deductible	85% after deductible 85% after deductible 85% after deductible 85% after deductible	65% after deductible 65% after deductible 65% after deductible 65% after deductible	80% after deductible 80% after deductible 80% after deductible 80% after deductible	60% after deductible 60% after deductible 60% after deductible 60% after deductible	80% after deductible 80% after deductible 80% after deductible 80% after deductible	60% after deductible 60% after deductible 60% after deductible 60% after deductible
High Tech Diagnostic Radiology (including but not limited to, CT Scans, MRI/MRA's, Nuclear Cardiology, PET Scans) These services require prior authorization	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Occupational Therapy, Physical Therapy, and	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Speech Therapy	Office visit copay will apply to OT/PT evaluation or re-evaluation		Office visit copay will apply to OT/PT evaluation or re-evaluation	Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation	Office visit copay will apply to OT/PT evaluation or re-evaluation	Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation	Office visit copay will apply to OT/PT evaluation or re-evaluation	Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation
	No Annu	ual Limit	60 visits per member per calendar year for all therapies combined		60 visits per member per calendar year for all therapies combined		60 visits per member per calendar year for all therapies combined	
Chiropractic Care – Physical Manipulations	85% after deductible	85% after deductible In- Network Provider 65% after deductible Out- of-Network Provider	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
	Up to 36 visits per calendar year when self-referring to a network provider; after 36 visits, PCP referral is required for payment at the higher benefit level. Limited to 40 visits per member per calendar year		Up to 40 visits per member per calendar year		Up to 40 visits per member per calendar year		Up to 40 visits per member per calendar year	
Nutritional Counseling	100%	65% after deductible	100%	80% no deductible	100%	80% no deductible	100%	80% no deductible
Smoking Cessation Education Programs	100%	65% after deductible	100%	80% no deductible	100%	80% no deductible	100%	80% no deductible
Physician Follow-up Visits	100%	65% after deductible	100%	80% no deductible	100%	80% no deductible	100%	80% no deductible
Prescribed Medications (see list of select medications)	100%	Prescription drug copay applies	100%	Prescription drug copay applies	100%	Prescription drug copay applies	100%	Prescription drug copay applies



## Anthem.

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Skilled Nursing Facility	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
	Up to 150 days per member per calendar year		Up to 150 days per member per calendar year		Up to 150 days per member per calendar year		l Up to 150 days per member per calendar year	
Home Health Care	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Hospice	100%	65% after deductible	100%	80% no deductible	100%	80% no deductible	100%	80% no deductible
Acupuncture	85% after deductible	85% after deductible	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered	Not Covered
Durable Medical Equipment	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible.
Pediatric Dental Varnish (not covered under the retiree plans)	100% up to age 5	Not Covered	100% up to age 5	80% no deductible, up to age 5	100% up to age 5	80% no deductible, up to age 5	100% up to age 5	80% no deductible, up to age 5
Early Intervention Services (Limited for children up to age 36 months of age)	85% after deductible	65% after deductible	85% after deductible	65% after deductible	80% after deductible	60% after deductible	80% after deductible	60% after deductible
Autism Spectrum Disorders: Applied Behavior Analysis	100% after \$15 PCP copay	65% after deductible	100% after \$15 copay	80% after \$15 copay	100% after \$20 copay	80% after \$20 copay	100% after \$20 copay	80% after \$20 copay
MENTAL HEALTH	Primary Care Physician	referral is not required.	•					
Managed by Anthem Behavioral Health and all services require preauthorization. Failure to comply with the requirements outlined in your Certificate of Coverage may result in a penalty up to \$300	This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates.	This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.)	This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates.	This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.)	This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates.	This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.)	This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates.	This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.)
Mental Health and Substance Abuse Services Inpatient Residential Treatment Facility Outpatient Office Visits	85% after deductible 85% after deductible 85% (no deductible) 100% after \$15 PCP copay	65% after deductible 65% after deductible 65% after deductible 65% after deductible	85% after deductible 85% after deductible 85% (no deductible) 100% after \$15 copay	65% after deductible 65% after deductible 65% (no deductible) 80% after \$15 copay	80% after deductible 80% after deductible 80% (no deductible) 100% after \$20 copay	60% after deductible 60% after deductible 60% (no deductible) 80% after \$20 copay	80% after deductible 80% after deductible 80% (no deductible) 100% after \$20 copay	60% after deductible 60% after deductible 60% (no deductible) 80% after \$20 copay





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Prescription Drug Coverage For each 30-day supply		Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay	Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay	Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay
Mail Order and Select Retail	Tier 1: \$20 copay	Tier 1: \$20 copay	Tier 1: \$20 copay	Tier 1: \$20 copay
Pharmacies for up to a 90-	Tier 2: \$70 copay	Tier 2: \$70 copay	Tier 2: \$70 copay	Tier 2: \$70 copay
day supply (please ask your	Tier 3: \$120 copay	Tier 3: \$120 copay	Tier 3: \$120 copay	Tier 3: \$120 copay
pharmacy if they offer this	Tier 4 Specialty Drugs: Not eligible for 90 day supplies	Tier 4 Specialty Drugs: Not eligible for 90 day supplies	Tier 4 Specialty Drugs: Not eligible for 90 day supplies	Tier 4 Specialty Drugs: Not eligible for 90 day supplies
benefit)				

This is an overview of your benefits. For more detailed information please contact your benefits administrator or ask us for a copy of the Certificate of Coverage for your health plan. If there are discrepancies between this benefit overview and the Certificate of Coverage, the Certificate will govern.

Revised: 03/09/2018