



In Maine, Anthem Blue Cross and Blue Shield is a trade name of Anthem Health Plans of Maine, Inc., an independent licensee of the Blue Cross and Blue Shield Association. ® Registered marks of the Blue Cross and Blue Shield Association.

Benefit Comparison – Plans Effective July 1, 2018

| | MEA CHOICE PLUS | | MEA STANDARD PLAN | | MEA STANDARD PLAN \$500 DEDUCTIBLE | | MEA STANDARD PLAN \$1,000 DEDUCTIBLE | |
|---|---|---|---|--|--|--|---|--|
| SERVICE | Higher Benefit | Self-referred | In-Network | Out-of-Network | In-Network | Out-of-Network | In-Network | Out-of-Network |
| | Level | Benefit Level | | | | | | |
| Important Information | Coverage in this column | Coverage described in this | Coverage in this column | Coverage in this column | Coverage in this column | Coverage in this column | Coverage in this column | Coverage in this column |
| | applies to maximum allowances for covered | column applies to maximum allowances for self-referred, | applies to maximum allowances for covered | applies to maximum allowances for covered | applies to maximum allowances for covered | applies to maximum allowances for covered | applies to maximum allowances for covered | applies to maximum allowances for covered |
| | services provided or | covered services (those not | services when you receive | services when you receive | services when you receive | services when you receive | services when you receive | services when you receive |
| | authorized by your Primary | authorized or performed by | health care from providers | health care from providers | health care from providers | health care from providers | health care from providers | health care from providers |
| | Care Physician. | your Primary Care | or professionals in the Blue | or professionals who are | or professionals in the Blue | or professionals who are | or professionals in the Blue | or professionals who are |
| | | Physician). | Choice network. | not in the Blue Choice | Choice network. | not in the Blue Choice | Choice network. | not in the Blue Choice |
| Primary Care Physician | | | N | network. | N | network. | N | network. |
| Required | YES | | NO | | NO | | NO | |
| Physician Office Visits | 100% after \$15 PCP copay | | 100% after \$15 PCP copay | 80% after \$15 PCP copay | 100% after \$20 PCP copay | 80% after \$20 PCP copay | 100% after \$20 PCP copay | 80% after \$20 PCP copay |
| Sick Care | 100% after \$25 Specialist | 65% after deductible | 100% after \$25 Specialists | 80% after \$25 Specialist | 100% after \$30 Specialist | 80% after \$30 Specialist | 100% after \$30 Specialist | 80% after \$30 Specialist |
| | copay | | copay | сорау | сорау | сорау | сорау | сорау |
| Preventive & Well Care | 100% | Not Covered | 100% | 80% no deductible | 100% | 80% no deductible | 100% | 80% no deductible |
| Services | 10070 | (members can self-refer to | 10070 | | 10070 | | 10070 | |
| | | a participating Ob/Gyn for | | | | | | |
| | | their annual Well Woman | | | | | | |
| Calendar Year Deductible | \$200 per member | exam) \$250 per member | \$200 per member | | \$500 per member | | \$1,000 per member | |
| | \$400 per family | \$500 per family | \$200 per member \$400 per family | | \$1,000 per family | | \$2,000 per family | |
| | · · · | | | | | | | |
| Coinsurance Limit | \$1,000 per member | \$2,250 per member | \$1,000 per member | | \$2,000 per member | | \$2,000 per member \$4.000 per family | |
| | \$2,000 per family | \$4,500 per family | \$2,000 p | \$2,000 per family \$4,000 per family | | \$4,000 p | per family | |
| Calendar Year Copayment | | er member | \$6,150 per member | | \$4,850 per member | | \$4,350 per member | |
| Maximum | \$12,300 per family | | \$12,300 per family | | \$9,700 per family | | \$8,700 per family | |
| (office visit, emergency room, & | | | | | | | | |
| pharmacy copays apply) Total Calendar Year Out-of- | \$7,350 per member | \$8,650 per member | \$7 350 pc | ar member | \$7,350 per member | | \$7,350 per member | |
| Pocket | \$14,700 per family | \$17,300 per family | \$7,350 per member \$14,700 per family | | \$14,700 per family | | \$14,700 per family | |
| (Deductible + Coinsurance + | | | | | •••••••••••••••••••••••••••••••••••••• | | | |
| Copayment Maximum) | | | | | | and a second | | and a second |
| Utilization Management | All inpatient admissions, except emergency and | All inpatient admissions, except emergency and | All inpatient admissions, except emergency and maternity admissions are subject to preadmission authorization. | | All inpatient admissions, except emergency and maternity admissions, are subject to preadmission authorization. | | All inpatient admissions, except emergency and maternity admissions are subject to preadmission authorization. You, | |
| | maternity admissions are | maternity admissions are | You, your physician or the | | | | your physician or the provider must call Anthem Medical | |
| | subject to preadmission | subject to preadmission | Medical Management at 1-800-392-1016. | | Medical Management at 1-800-392-1016. | | Management at 1-800-392-1016. | |
| | authorization by your | authorization. You, your | , , , , , , , , , , , , , , , , , , , | | | | | |
| | Primary Care Physician. | physician or the provider | | | | | | |
| | | must call Anthem Medical Management at 1-800-392- | | | | | | |
| | | 1016. | | | | | | |
| Hospital Services | | | | | | | | |
| Inpatient | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| Outpatient | 85% after deductible 100% after \$200 copay | 65% after deductible 100% after \$200 copay | 85% after deductible 100% after \$200 copay | 65% after deductible 100% after \$200 copay | 80% after deductible 100% after \$200 copay | 60% after deductible 100% after \$200 copay | 80% after deductible 100% after \$200 copay | 60% after deductible 100% after \$200 copay |
| | 100% alter \$200 copay | 100% alter \$200 copay | 100% alter \$200 copay | 100% alter \$200 copay | 100% alter \$200 copay | 100% alter \$200 copay | 100% alter \$200 copay | 100% aller \$200 copay |





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|--|--|--|--|---|--|---|--|---|
| SERVICE | Higher Benefit Level | Self-referred Benefit Level | In-Network | Out-of-Network | In-Network | Out-of-Network | In-Network | Out-of-Network |
| Emergency Care in ER (Copay is waived if you're admitted) | | | | | | | | |
| Ambulance | 85% after deductible | 85% after deductible | 85% after deductible | 85% after deductible | 80% after deductible | 80% after deductible | 80% after deductible | 80% after deductible |
| Professional Services Inpatient Outpatient Diagnostic Tests Outpatient Surgery Maternity | 85% after deductible 85% after deductible 85% after deductible 85% after deductible | 65% after deductible 65% after deductible 65% after deductible 65% after deductible | 85% after deductible 85% after deductible 85% after deductible 85% after deductible | 65% after deductible 65% after deductible 65% after deductible 65% after deductible | 80% after deductible 80% after deductible 80% after deductible 80% after deductible | 60% after deductible 60% after deductible 60% after deductible 60% after deductible | 80% after deductible 80% after deductible 80% after deductible 80% after deductible | 60% after deductible 60% after deductible 60% after deductible 60% after deductible |
| High Tech Diagnostic Radiology (including but not limited to, CT Scans, MRI/MRA's, Nuclear Cardiology, PET Scans) These services require prior authorization | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| Occupational Therapy, Physical Therapy, and | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| Speech Therapy | Office visit copay will apply to OT/PT evaluation or re-evaluation | | Office visit copay will apply to OT/PT evaluation or re-evaluation | Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation | Office visit copay will apply to OT/PT evaluation or re-evaluation | Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation | Office visit copay will apply to OT/PT evaluation or re-evaluation | Office visit copay and 20% coinsurance will apply to OT/PT evaluation or re-evaluation |
| | No Annu | ual Limit | 60 visits per member per calendar year for all therapies combined | | 60 visits per member per calendar year for all therapies combined | | 60 visits per member per calendar year for all therapies combined | |
| Chiropractic Care – Physical Manipulations | 85% after deductible | 85% after deductible In- Network Provider 65% after deductible Out- of-Network Provider | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| | Up to 36 visits per calendar year when self-referring to a network provider; after 36 visits, PCP referral is required for payment at the higher benefit level. Limited to 40 visits per member per calendar year | | Up to 40 visits per member per calendar year | | Up to 40 visits per member per calendar year | | Up to 40 visits per member per calendar year | |
| Nutritional Counseling | 100% | 65% after deductible | 100% | 80% no deductible | 100% | 80% no deductible | 100% | 80% no deductible |
| Smoking Cessation Education Programs | 100% | 65% after deductible | 100% | 80% no deductible | 100% | 80% no deductible | 100% | 80% no deductible |
| Physician Follow-up Visits | 100% | 65% after deductible | 100% | 80% no deductible | 100% | 80% no deductible | 100% | 80% no deductible |
| Prescribed Medications (see list of select medications) | 100% | Prescription drug copay applies | 100% | Prescription drug copay applies | 100% | Prescription drug copay applies | 100% | Prescription drug copay applies |



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| Skilled Nursing Facility | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
|---|--|--|--|--|--|--|--|--|
| | Up to 150 days per member per calendar year | | Up to 150 days per member per calendar year | | Up to 150 days per member per calendar year | | l Up to 150 days per member per calendar year | |
| Home Health Care | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| Hospice | 100% | 65% after deductible | 100% | 80% no deductible | 100% | 80% no deductible | 100% | 80% no deductible |
| Acupuncture | 85% after deductible | 85% after deductible | Not Covered | Not Covered | Not Covered | Not Covered | Not Covered | Not Covered |
| Durable Medical Equipment | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible. |
| Pediatric Dental Varnish (not covered under the retiree plans) | 100% up to age 5 | Not Covered | 100% up to age 5 | 80% no deductible, up to age 5 | 100% up to age 5 | 80% no deductible, up to age 5 | 100% up to age 5 | 80% no deductible, up to age 5 |
| Early Intervention Services (Limited for children up to age 36 months of age) | 85% after deductible | 65% after deductible | 85% after deductible | 65% after deductible | 80% after deductible | 60% after deductible | 80% after deductible | 60% after deductible |
| Autism Spectrum Disorders: Applied Behavior Analysis | 100% after \$15 PCP copay | 65% after deductible | 100% after \$15 copay | 80% after \$15 copay | 100% after \$20 copay | 80% after \$20 copay | 100% after \$20 copay | 80% after \$20 copay |
| MENTAL HEALTH | Primary Care Physician | referral is not required. | • | | | | | |
| Managed by Anthem Behavioral Health and all services require preauthorization. Failure to comply with the requirements outlined in your Certificate of Coverage may result in a penalty up to \$300 | This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates. | This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.) | This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates. | This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.) | This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates. | This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.) | This coverage level applies when the member obtains preauthorization from Anthem Behavioral Health at 1-800-755-0851, for all inpatient mental health and substance abuse services, and receives those services from the provider that the mental health care manager indicates. | This coverage level applies when the member does not contact Anthem Behavioral Health at 1-800-755-0851 for preauthorization of inpatient mental health and substance abuse services or chooses to receive services from a provider other than the provider the mental health care manager indicates. (The member may have to pay balance bills in addition to deductible and coinsurance amounts.) |
| Mental Health and Substance Abuse Services Inpatient Residential Treatment Facility Outpatient Office Visits | 85% after deductible 85% after deductible 85% (no deductible) 100% after \$15 PCP copay | 65% after deductible 65% after deductible 65% after deductible 65% after deductible | 85% after deductible 85% after deductible 85% (no deductible) 100% after \$15 copay | 65% after deductible 65% after deductible 65% (no deductible) 80% after \$15 copay | 80% after deductible 80% after deductible 80% (no deductible) 100% after \$20 copay | 60% after deductible 60% after deductible 60% (no deductible) 80% after \$20 copay | 80% after deductible 80% after deductible 80% (no deductible) 100% after \$20 copay | 60% after deductible 60% after deductible 60% (no deductible) 80% after \$20 copay |





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| Prescription Drug Coverage For each 30-day supply | | Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay | Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay | Tier 1: \$10 copay Tier 2: \$35 copay Tier 3: \$60 copay Tier 4 Specialty Drugs: \$85 copay |
|--|--|--|--|--|
| Mail Order and Select Retail | Tier 1: \$20 copay | Tier 1: \$20 copay | Tier 1: \$20 copay | Tier 1: \$20 copay |
| Pharmacies for up to a 90- | Tier 2: \$70 copay | Tier 2: \$70 copay | Tier 2: \$70 copay | Tier 2: \$70 copay |
| day supply (please ask your | Tier 3: \$120 copay | Tier 3: \$120 copay | Tier 3: \$120 copay | Tier 3: \$120 copay |
| pharmacy if they offer this | Tier 4 Specialty Drugs: Not eligible for 90 day supplies | Tier 4 Specialty Drugs: Not eligible for 90 day supplies | Tier 4 Specialty Drugs: Not eligible for 90 day supplies | Tier 4 Specialty Drugs: Not eligible for 90 day supplies |
| benefit) | | | | |

This is an overview of your benefits. For more detailed information please contact your benefits administrator or ask us for a copy of the Certificate of Coverage for your health plan. If there are discrepancies between this benefit overview and the Certificate of Coverage, the Certificate will govern.

Revised: 03/09/2018